



High School Spring Clean-Up Camp

These camps are designed to provide high school players another opportunity for a serious workout once a week. We intend these workouts to be supplemental to your AAU practices or Spring Sports schedules. **We will work on ball-handling, shooting form, footwork, and various moves to the basket.**

2012 DATES AND TIMES:

Wednesday's: 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23 & 5/30

Girls: 8th-12th, 6:30-8 p.m. (*current grade*)

Boys: 8th-12th, 8-9:30 p.m. (*current grade*)

(Camps offered at both the Plymouth and Apple Valley location)

TO REGISTER:

E-mail us at bdammann@frontiernet.net with the following info:

1. Athletes name
2. Athletes grade
3. High school
4. Phone number
5. Plymouth or Apple Valley

- Registration taken on a first come first serve basis.
- **Cost is \$120.00** (that includes all of the sessions). Must be prepaid. Non-refundable without a 14 day cancellation notice.
- *Space is limited so sign up early.*



www.mnschoolbball.com



For more information call 952.898.9626 from 10:30 a.m. to 7:30 p.m. or visit us at www.mnschoolbball.com

PLYMOUTH

2530 Xenium Lane North, Plymouth, MN 55441-3627
(Next to Acceleration NW and across from Red Robin.)

APPLE VALLEY

5708 Upper 147th St., Suite 110, Apple Valley, MN 55124