

These camps are designed to provide elementary and middle school players another opportunity for a serious workout once a week. We intend these workouts to be supplemental to your AAU practices or Spring Sports. **We will work on ball-handling, shooting form, footwork, and various moves to the basket.** 

## **2023 DATES AND TIMES:**

**Golden Valley - Monday's:** 6/12, 6/19, 6/26, 7/10, 7/17, 7/24, 7/31, 8/7, 8/14 & 8/21

**CO/ED Boys & Girls:** 3rd & 4th , 6-7:00 p.m. (2023-2024 grade)

**CO/ED Boys & Girls:** 5th & 6th , 7-8:00 p.m. (2023-2024 grade)

**CO/ED Boys & Girls:** 7th & 8th , 8-9:00 p.m. (2023-2024 grade)

**Apple Valley - Tuesday's:** 6/13, 6/20, 6/27, 7/11, 7/18, 7/25, 8/1, 8/8, 8/15 & 8/22

**CO/ED Boys & Girls:** 3rd & 4th , 6-7:00 p.m. (2023-2024 grade)

**CO/ED Boys & Girls:** 5th & 6th , 7-8:00 p.m. (2023-2024 grade)

**CO/ED Boys & Girls:** 7th & 8th , 8-9:00 p.m. (2023-2024 grade)

No camps 7/3 or 7/4

## **TO REGISTER:**

E-mail us at **bdammann@frontiernet.net** with the following info:

- 1. Athletes name
- **2. Athletes grade** (2023-24 grade)
- 3. School District/Future High School
- 4. Phone number
- 5. Golden Valley or Apple Valley
- Registration taken on a first come first serve basis.
- **Cost is \$150.00** (that includes all 10 sessions). Must be prepaid.

Non-refundable without a 14 day cancellation notice.



For more information call 952.898.9626 from 10:30 a.m. to 7:30 p.m. or visit us at www.mnschoolbball.com

## **GOLDEN VALLEY**

8840 7th Ave. North, Golden Valley, MN 55427 (Located just East of Hwy 169 on Hwy 55.)

## **APPLE VALLEY**

6275 147th Street West, Suite 106, Apple Valley, MN 55124