



MSB has developed this program to help you improve your one-on-one skills.

Many times you will receive a pass on the court and find that, although you are guarded, you are the closest one to the basket. It's now up to you to make a move with the ball so you can get off your shot. This is where you get to add your personal offensive touch. **Being able to execute more than one individual move with the ball will greatly help you get free for your shot.**

Each session will spend 30 minutes working on moves and 30 minutes playing one-on-one. You can sign up for one or all sessions ~ whatever works best for you.

COST:

\$25 per kid per session that they sign-up for.

Must be prepaid. Non-refundable without a 14 day cancellation notice.

2023 DATES:

GIRLS: 3/31, 4/14, 4/28 & 5/12

BOYS: 4/7, 4/21, 5/5 & 5/19

TIMES:

Apple Valley Location

Grades 3rd & 4th 6:00-7:00 p.m.

Grades 5th & 6th 7:00-8:00 p.m.

Grades 7th, 8th & 9th 8:00-9:00 p.m.

Limit of 6 people per session

TO REGISTER:

E-mail us the following info at **bdammann@frontiernet.net**

1. **Athletes Name**
2. **Athletes Grade** (*current grade*)
3. **Phone #**
4. **Date(s)**

Call 952-898-9626 with any questions.

NOTE: *We must have at least **THREE** registered in order to run the session.*



www.mnschoolbball.com

APPLE VALLEY Facility

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